

10 PESTS • 7 DISEASES • 17 RECIPES

Healthy Plants, *No Chemicals*

A visual guide to identifying and treating pests naturally at home, on your balcony, in the garden and in the vegetable patch

Quick diagnosis

Step-by-step plans

Seasonal calendar

17
NATURAL
RECIPES

*Made with love for everyone
who cares for their plants*



■ NEKORILLA · PRACTICAL GUIDE

About this guide

This guide was created to help you care for your plants without harsh chemicals. It is designed to be practical: you spot a symptom, go to the matching profile and follow the plan, always starting with the gentlest option.

References such as **P01**, **E03** or **R05** point to a pest, a disease or a recipe. In the PDF you can tap them to jump straight there.



Natural remedies also need care: always test on one leaf first, respect the dilutions and keep preparations out of reach of children and pets. This guide is for information only and does not replace advice from a plant health professional for serious or persistent problems.

© 2026 Evelyn · Nekorilla. Personal use only. Reselling, sharing or distributing this file is not permitted.

Contents

Before you begin 04

S00 · How to use this guide	05
S01 · The principles of natural control	06
S02 · Safety first	07
S03 · Your basic kit	08

1. Diagnosis 09

S10 · 5-minute check	10
S11 · Leaf symptoms	11
S12 · Symptoms on stems, flowers and fruit	12
S13 · Root and potting mix symptoms	13
S14 · Pest or care problem?	14

2. Pest and disease profiles 15

S20 · How to read each profile	16
P01 · Aphids	17
P02 · Mealybugs and scale insects	18
P03 · Spider mites	19
P04 · Whiteflies	20
P05 · Thrips	21
P06 · Fungus gnats (sciarids)	22
P07 · Caterpillars	23
P08 · Snails and slugs	24
P09 · Ants	25
P10 · Nematodes	26
E01 · Powdery mildew	27

E02 · Downy mildew	28
E03 · Rust	29
E04 · Botrytis (gray mold)	30
E05 · Root rot and leaf spots	31
E06 · Bacterial diseases	32
E07 · Viruses	33

3. Natural recipes 34

S30 · Before you mix	35
S31 · Which recipe for which problem?	45
R01–R17 · Recipes	36

4. Prevention 46

S40 · Living soil, strong plants	47
S41 · Smart watering	48
S42 · Hygiene and sanitary pruning	49
S43 · Companion and repellent plants	50
S44 · Natural allies	51
S45 · Houseplants	52
S46 · Balconies, patios and containers	53
S47 · Vegetable patch and fruit trees	54
S48 · Ornamental garden and greenhouse	55

5. Calendar and myths 56

S50 · Seasonal prevention calendar	57
S51 · Your year-round routine	58
S52 · Myths and facts	60